

THE UNIVERSITY OF HONG KONG

# Multilingualism and the Brain

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HKU February 2018



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# Overview

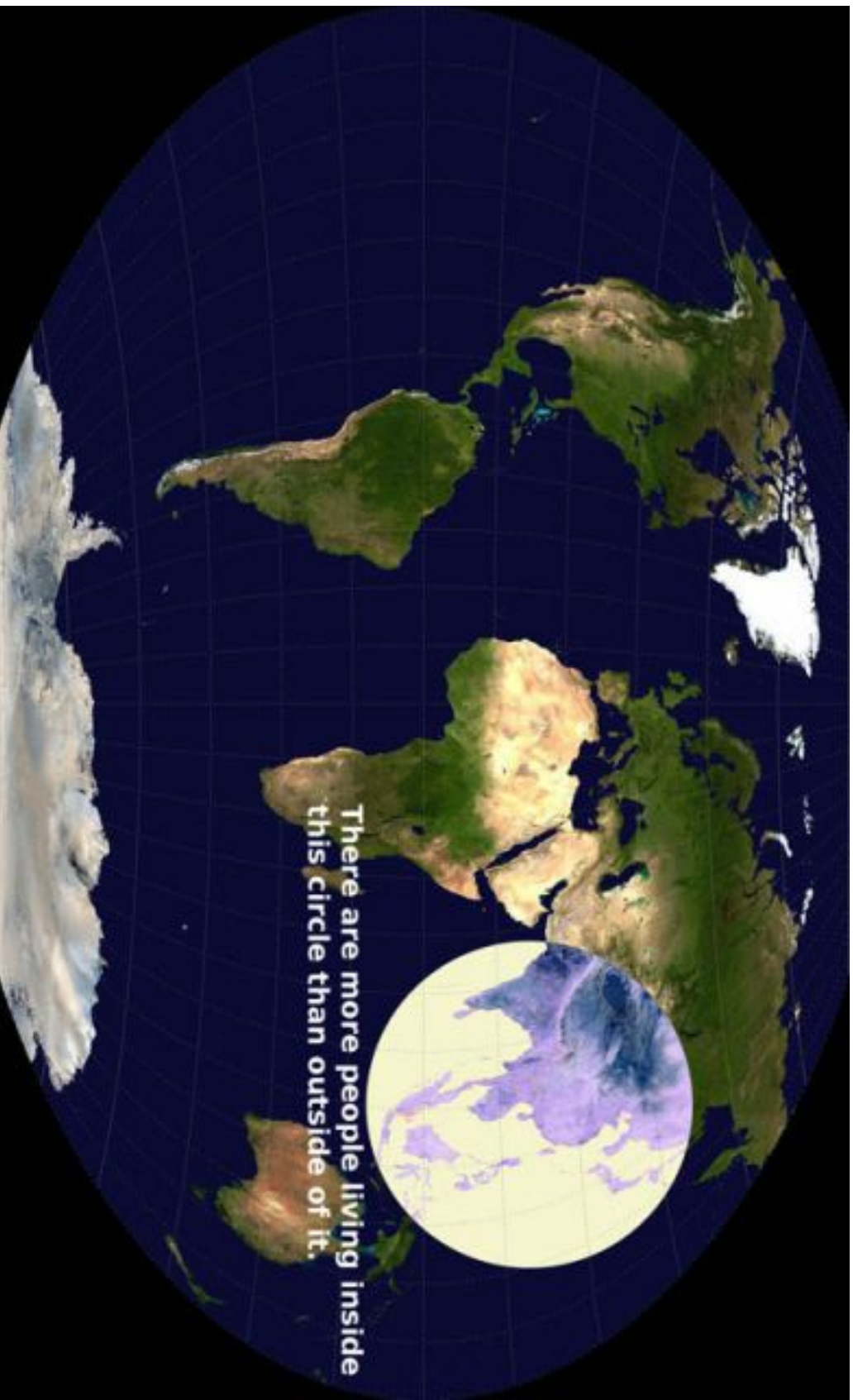
- Aging, Development and Cognition in Multilingualism
- GMV, MRS, sulcal gyration, white matter microstructure
- Linguistic load reflected in multilingual brains and speech



# Speaking of language(s)

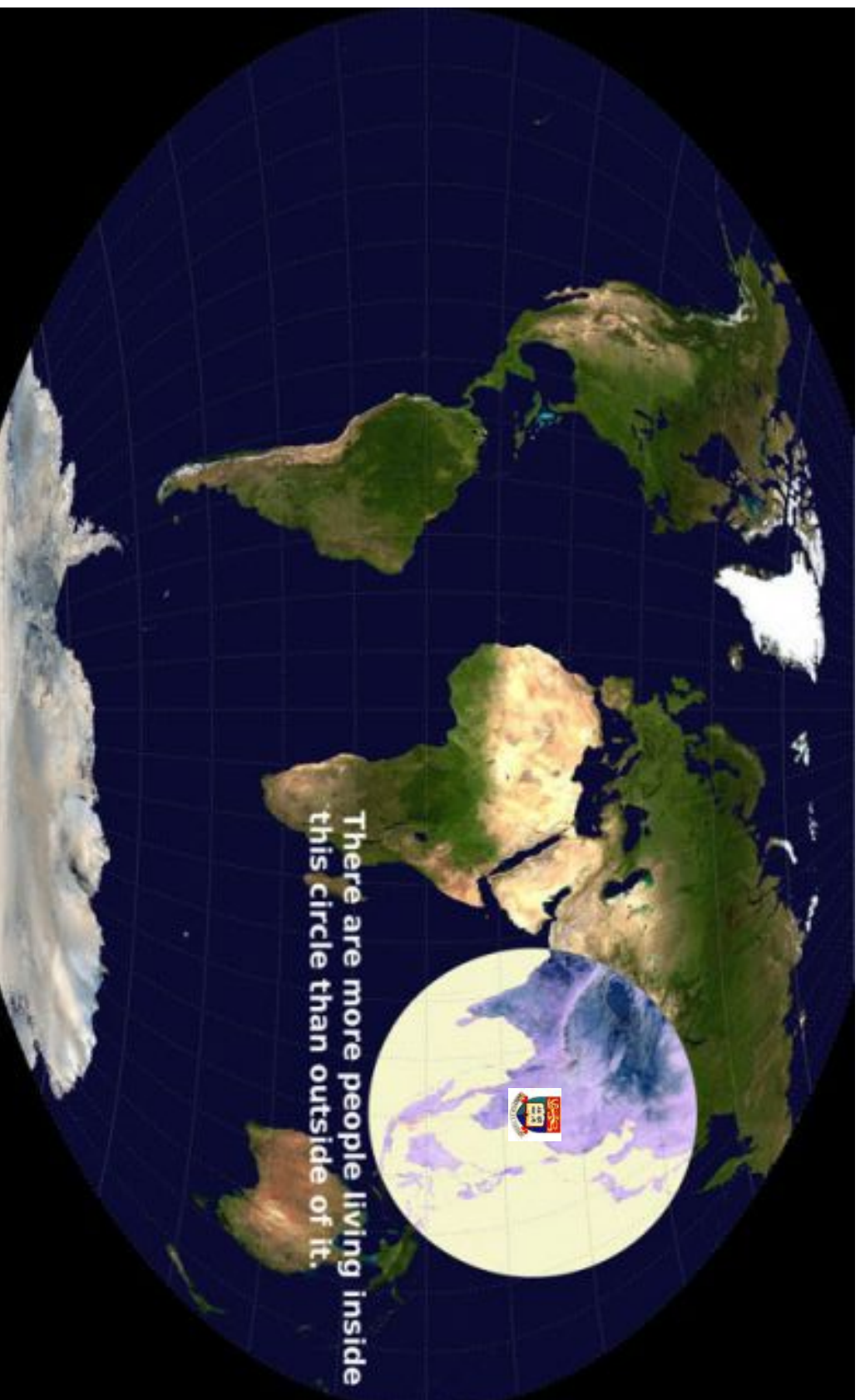
- **Advantage** (cultural factors, exposure to print, other language experience, 'bilingual' individual differences)
- **Experience** (dominance, number of "speaking" years)
- **Learning** (age of acquisition, duration, formality, style)





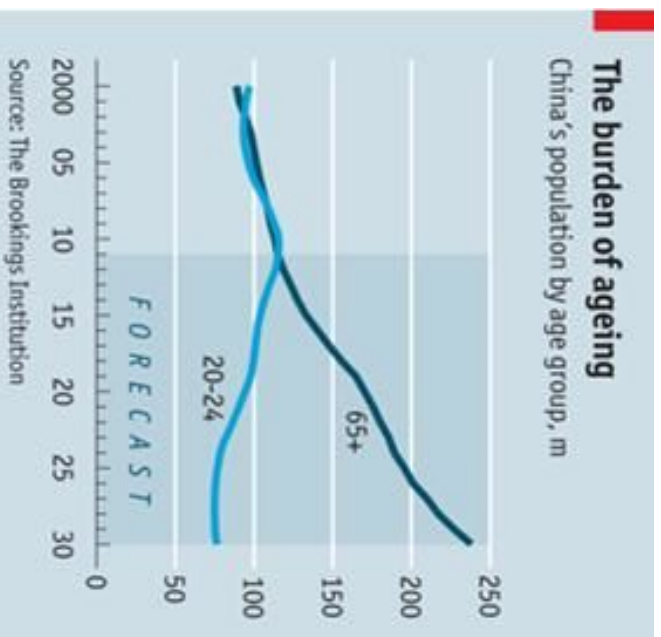
# Our region

# Our region



# Our region

- Filial piety 1+6 rule



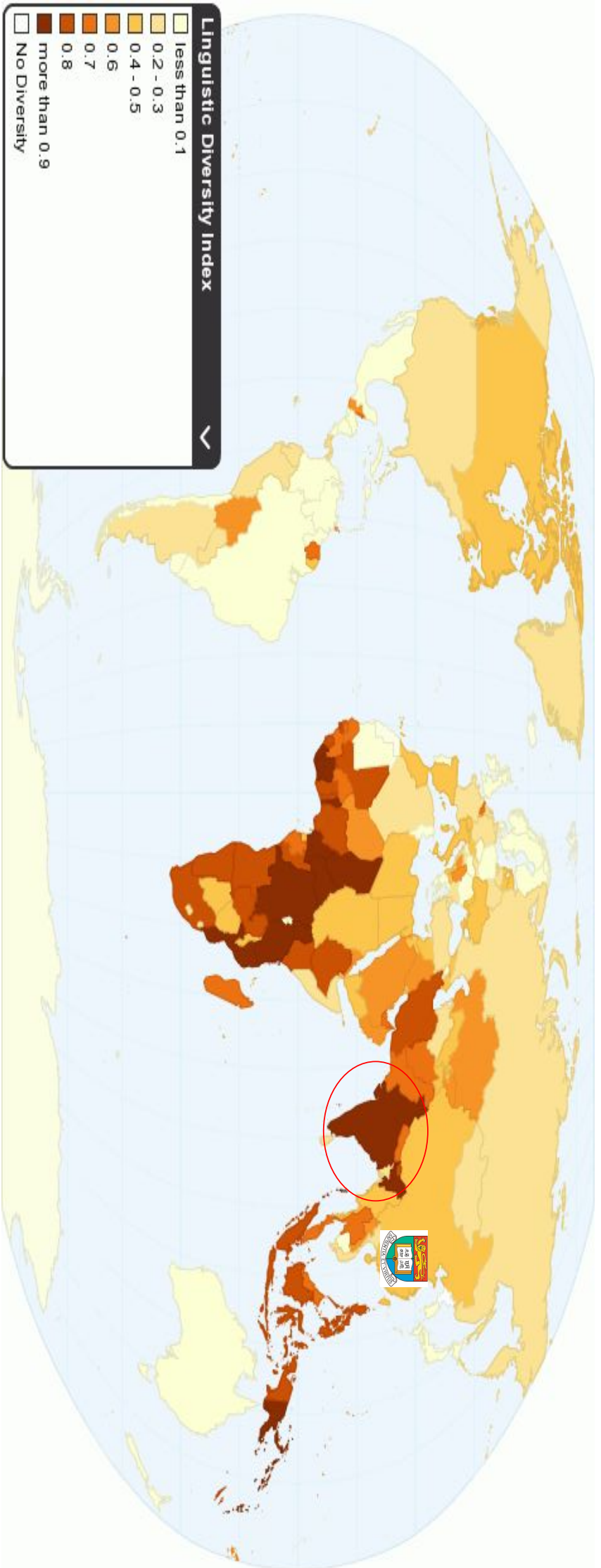
Country	Wage Overheads in Emerging Asia			Total labor cost (Intl. dollar)
	Avg. minimum annual salary (worker, Intl. dollar)	Avg. mandatory welfare (% against salary)	Total labor cost (Intl. dollar)	
Bangladesh	798	n/a	798	
Cambodia	672	n/a	672	
China	1,500	50	2,250	
India	857	10	943	
Indonesia	1,027	6	1,089	
Laos	1,057	9.5	1,157	
Malaysia	4,735	23	5,824	
Mongolia	2,004	n/a	2,004	
Myanmar	401	n/a	401	
Nepal	1,889	n/a	1,889	
Pakistan	984	7	1,052	
Philippines	2,053	9.4	2,246	
Sri Lanka	1,619	n/a	1,619	
Thailand	2,293	6.9	2,451	
Vietnam	1,002	15	1,152	

Source: IMF World Economic Outlook Database, October 2010





# Our region



22 official languages



## Microstructural anatomical differences between bilinguals and monolinguals\*



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**JUBIN ABUTALEBI**  
Centre for Neurolinguistics and Psycholinguistics, University of Padua, Italy

**Laboratory for Communication Science, University of Hong Kong, Hong Kong**

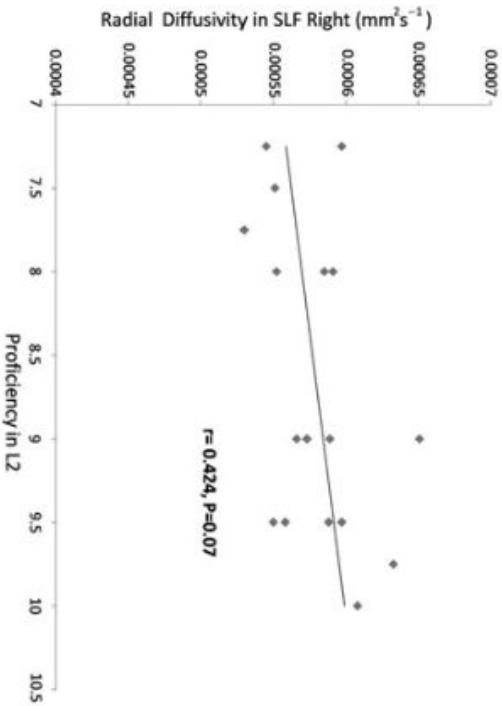


Figure 4. Correlation between Radial Diffusivity in the right SLF and the L2 proficiency scores for Bilinguals.

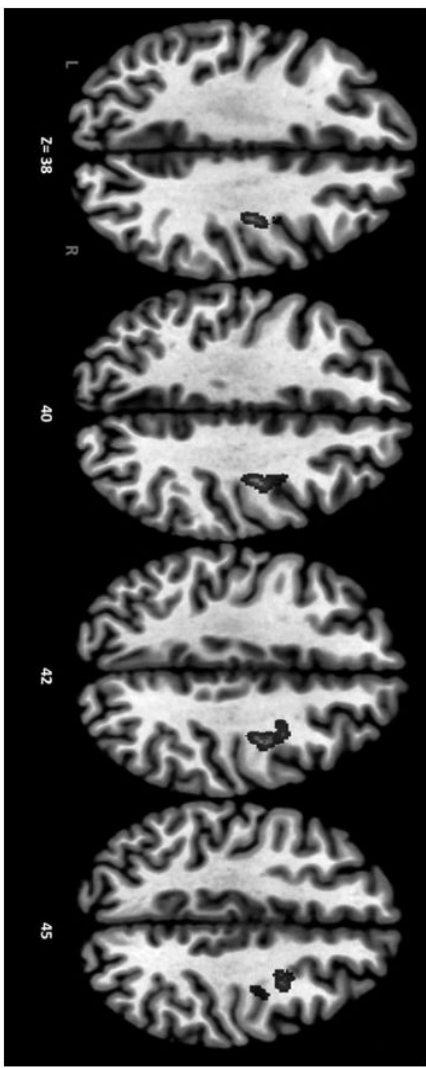
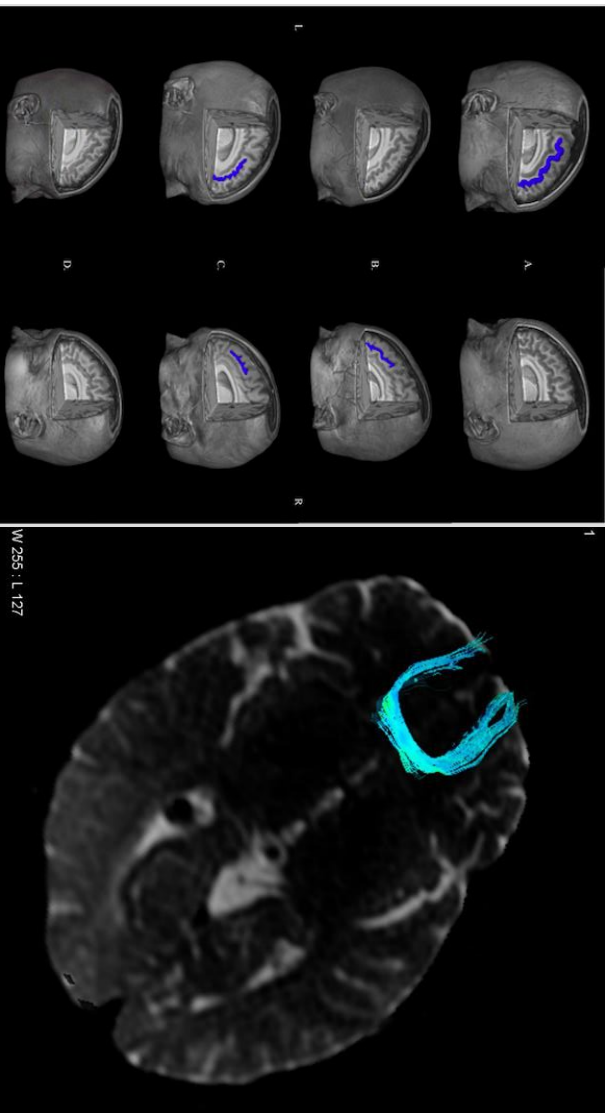
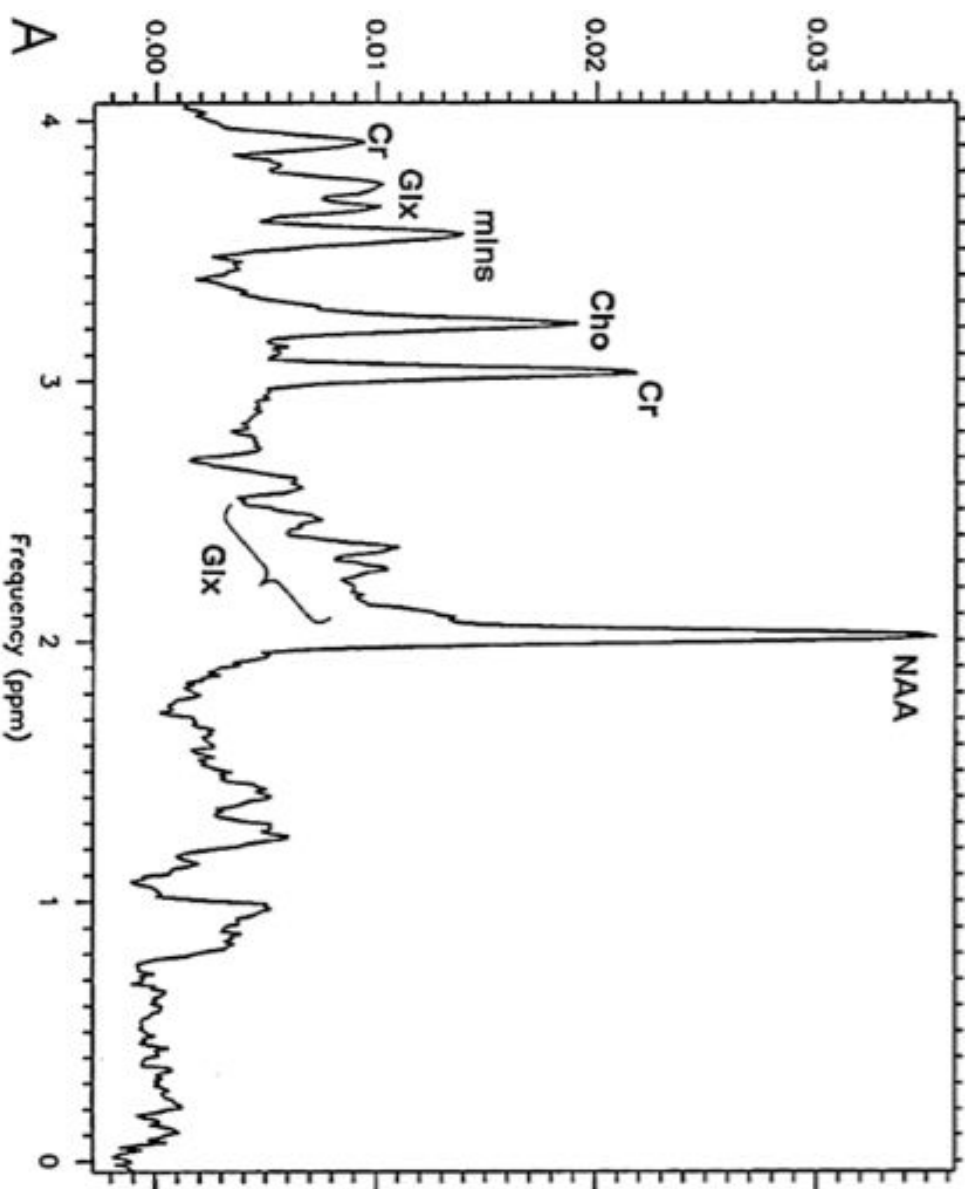


Figure 5. Correlation between Radial Diffusivity in the right SLF and the L2 proficiency scores for Bilinguals. Results of TBSS analysis with Threshold Free Cluster Enhancement and permutation testing (5000 permutations), at  $p < 0.097$ .





# Magnetic Resonance Spectroscopy



Hong Kong	Milan
Bilingual	Monolingual
21 subjects scanned	20 subjects scanned
24.19 ± 2.25 y/o	24.40 ± 2.11 y/o
17.60 ± 1.55 Edu years	16.80 ± 1.61 Edu years



Dorsal Anterior Cingulate Cortex



# Bilingual vs Monolingual

		<i>p</i> -value
<b>[Cho]<sub>abs</sub></b>	Bilingual	2.22±0.39
	Monolingual	2.39±0.23
<b>[Cr]<sub>abs</sub></b>	Bilingual	13.63±1.84
	Monolingual	14.00±3.06
	Bilingual	10.91±1.79
<b>[NAA]<sub>abs</sub></b>	Monolingual	12.00±0.76
	Bilingual	6.23±1.79
<b>[ml]<sub>abs</sub></b>	Monolingual	6.00±3.33
	Bilingual	14.66±1.87
<b>[Glx]<sub>abs</sub></b>	Monolingual	15.13±1.42
	Bilingual	14.66±1.87
		<b>0.025</b>
		<b>0.006</b>
		<b>&lt;0.001</b>
		0.419
		<b>0.045</b>

Nonparametric: Mann-Whitney test



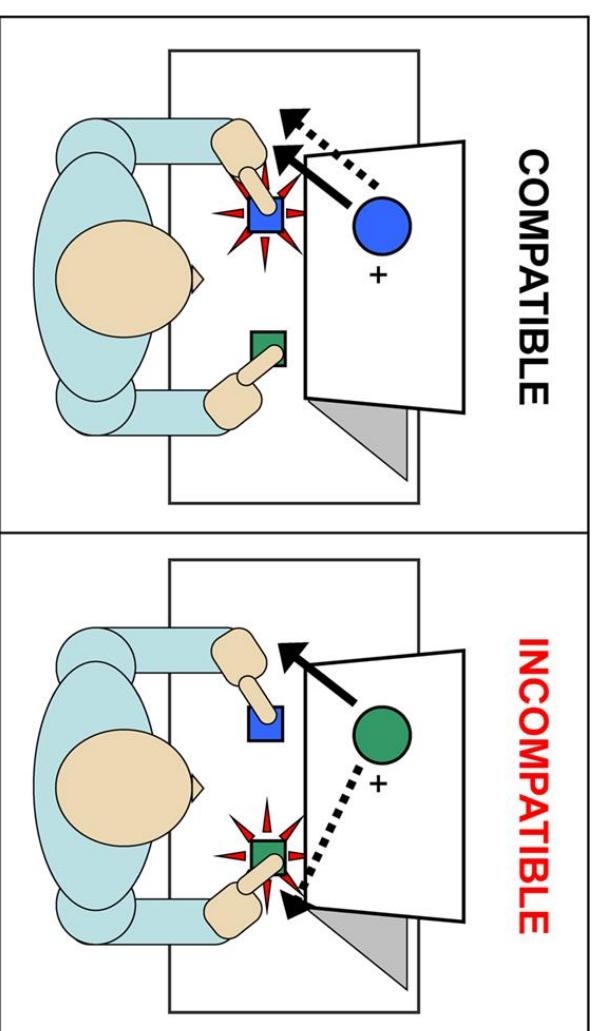
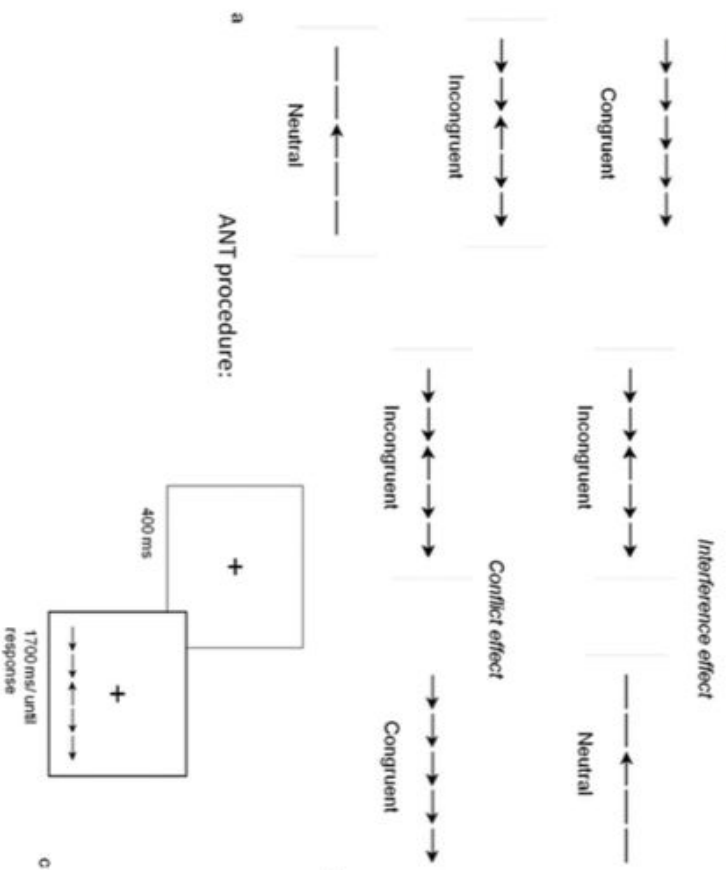
# Results

	Mean Concentration (mM)	Pearson correlation (r)	p-value	
<b>[Cho]<sub>abs</sub></b>	3.04±1.10	0.561	<0.01	↑
<b>[Cr]<sub>abs</sub></b>	15.03±2.86	0.505	<0.01	↑
<b>[NAA]<sub>abs</sub></b>	12.46±3.34	0.717	<0.01	↑
<b>[ml]<sub>abs</sub></b>	9.71±3.89	0.167	0.245	-
<b>[Glx]<sub>abs</sub></b>	13.54±5.43	0.480	<0.01	↑



# Eriksen Flanker task (ANT Fan et al.)

V.M. Borst et al.



Asymmetric (left) ACC

Age 5 (Cachia et al., 2014)

Age 9 (Borst et al., 2014)

- YELLOW BLUE ORANGE
- BLACK RED GREEN
- PURPLE YELLOW RED
- ORANGE GREEN BLUE
- BLUE RED PURPLE
- YELLOW RED GREEN



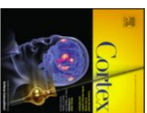


# GMV (Abutalebi et al., 2012-2016 HKU)

Cortex 49 (2013) 905–911



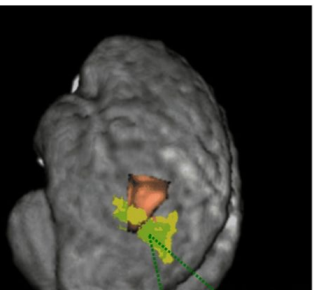
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## Letter to the Editor A neural interactive location for multilingual talent

**Pasquale Anthony Della Rosa<sup>a</sup>, Gerda Videsott<sup>b</sup>, Virginia Maria Borsa<sup>a</sup>, Matteo Canini<sup>a</sup>,  
 Brendan S. Weekes<sup>c</sup>, Rita Franceschini<sup>b</sup> and Jubin Abutalebi<sup>a,c,\*</sup>**

<sup>a</sup>Centre of Cognitive Neuroscience, Vita-Salute San Raffaele University and Scientific Institute San Raffaele, Milan, Italy  
<sup>b</sup>Faculty of Education and Language Study Unit, Free University of Bozen, Italy  
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### Note

## Language proficiency modulates the engagement of cognitive control areas in multilinguals

**Jubin Abutalebi<sup>a,b</sup>, Pasquale A. Della Rosa<sup>a</sup>, Guosheng Ding<sup>c</sup>, Brendan Weekes<sup>b</sup>,  
 Albert Costa<sup>d</sup> and David W. Green<sup>e,\*</sup>**

<sup>a</sup>Vita-Salute San Raffaele University and San Raffaele Scientific Institute, Milan, Italy  
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<sup>d</sup>Universitat de Pompeu Fabra & ICREA, Barcelona, Spain  
<sup>e</sup>Cognitive, Perceptual and Brain Sciences, University College London, United Kingdom



Contents lists available at ScienceDirect  
**Neurobiology of Aging**  
 Journal homepage: [www.elsevier.com/locate/neuaging](http://www.elsevier.com/locate/neuaging)



## Bilingualism protects anterior temporal lobe integrity in aging

Jubin Abutalebi<sup>a,b,\*</sup>, Matteo Canini<sup>b,c</sup>, Pasquale A. Della Rosa<sup>c</sup>, Lo Ping Sheung<sup>a</sup>,  
 David W. Green<sup>d</sup>, Brendan S. Weekes<sup>e</sup>

<sup>a</sup>Department of Speech and Hearing Sciences, University of Hong Kong, Hong Kong, China  
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<sup>d</sup>Department of Molecular Biomedicine and Physiology, National Research Council (IRBM-CNR), Milan, Italy  
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**Neuropsychologia**  
 Volume 69, March 2015, Pages 201–210



## Bilingualism provides a neural reserve for aging populations

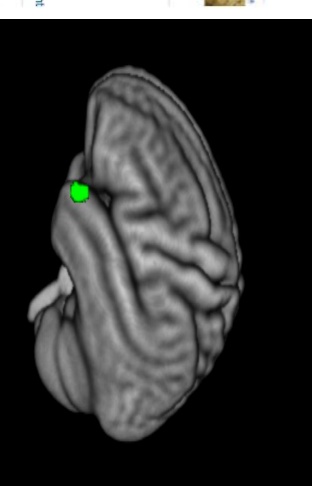
Jubin Abutalebi<sup>a,b</sup>, Lo Ping Sheung<sup>a</sup>, Lucia Gullì<sup>b,c</sup>, Virginia Borsa<sup>b</sup>, Matteo Canini<sup>b,d</sup>, Pasquale A. Della Rosa<sup>c</sup>, Ben A.  
 Paris<sup>e</sup>, Brendan S. Weekes<sup>e</sup>

<https://doi.org/10.1016/j.neuropsychologia.2015.01.040>

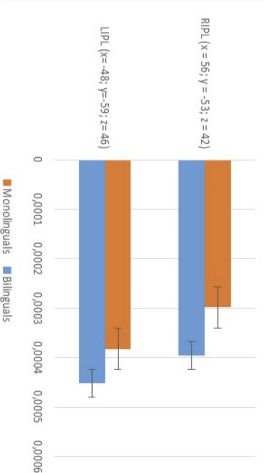
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### Highlights

- Aging affects cognitive performance of bilinguals less as compared to monolinguals.
- Aging induced effects correlate only for monolinguals to decreased gray matter in the prefrontal cortex.
- Bilingualism is associated with increased gray matter in the ACC.
- Bilingualism provides a neural reserve during aging.



GM Differences



# Eriksen Flanker task (ANT Fan et al.)

Neuropsychologia 111 (2018) 51–61



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**Neuropsychologia**  
 journal homepage: [www.elsevier.com/locate/neuropsychologia](http://www.elsevier.com/locate/neuropsychologia)



## Bilingualism and healthy aging: Aging effects and neural maintenance

Virginia M. Borsa<sup>a,b,h,c</sup>, Daniela Perani<sup>a</sup>, Pasquale A. Della Rosa<sup>a</sup>, Gerda Videsott<sup>d</sup>, Lucia Guidi<sup>a</sup>,  
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<sup>a</sup> Centre for Neurolinguistics and Psycholinguistics, San Raffaele University & San Raffaele Scientific Institute, Milano, Italy  
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<sup>c</sup> NEUROFARBA (Department of Neuroscience, Psychology, Drug Research and Child Health), University of Florence, Florence, Italy  
<sup>d</sup> Faculty of Education and Language Study Unit, Free University of Bozen, Italy  
<sup>e</sup> Laboratory for Communication Science, Faculty of Education, University of Hong Kong, Pok Fu Lam, Hong Kong  
<sup>f</sup> School of Psychological Sciences, Faculty of Dentistry, Medicine and Health Sciences, University of Melbourne, Parkville, Australia  
<sup>g</sup> School of Psychological Sciences, Faculty of Dentistry, Medicine and Health Sciences, University of Melbourne, Parkville, Australia

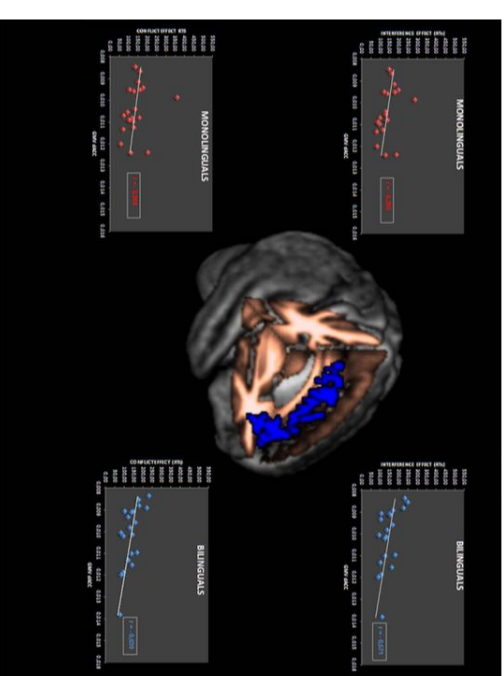
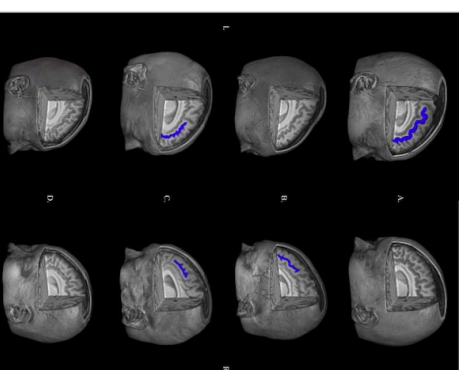


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### Anterior cingulate cortex sulcation and its differential effects on conflict monitoring in bilinguals and monolinguals

Amanda Cachia<sup>a,b,c,d</sup>, Nicola Del Maschio<sup>e</sup>, Gregoire Borst<sup>a,b,h,c</sup>, Pasquale Anthony Della Rosa<sup>a</sup>,  
 Christophe Pallier<sup>f</sup>, Albert Costa<sup>g</sup>, Olivier Houde<sup>h,i,j</sup>, Jubin Abutalebi<sup>a</sup>

<sup>a</sup> Laboratory for the Psychology of Child Development and Education, Sorbonne, CNRS UMR8224, Paris, France  
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<sup>e</sup> Center for Neurocognition and Psycholinguistics, University Vita-Salute San Raffaele, Milano, Italy  
<sup>f</sup> Cognitive Neuroscience Unit, CNRS UMR 5282, NRS244, Université Paris-Saclay, Université Paris-Saclay, Mersin Centre of Paris Saclay, France  
<sup>g</sup> Universitat de València, Valencia, Spain



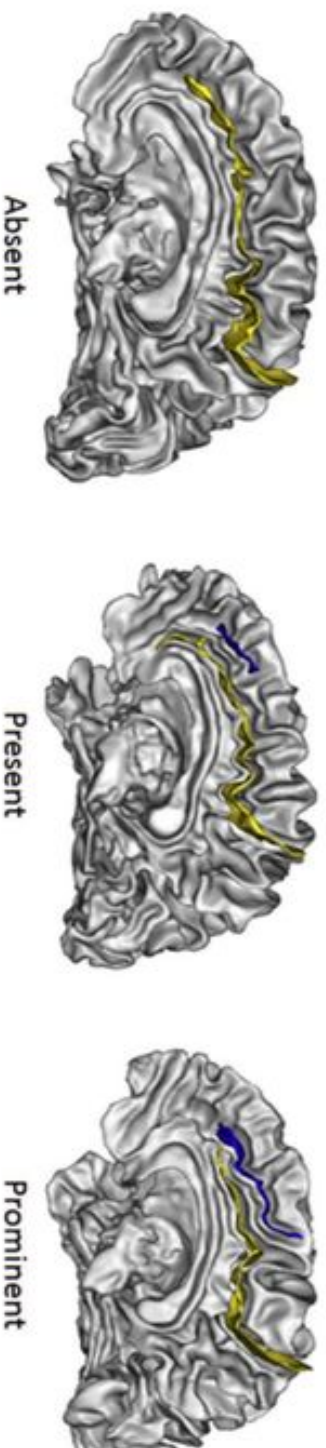
**Table 6**  
 Correlation analysis between Age and selected ROIs (i.e. Left and Right Calcarine, Left and Right Cuneus) not associated to cognitive control and language control network. Result are reported for the whole sample (N = 40) and for each group separately (i.e. monolinguals and bilinguals).

All sample	Left		Right	
	Calcarine	Calcarine	Cuneus	Cuneus
Age	Pearson correlation: -0.45 Sign. (two tailed): 0.00 N: 40	-0.43 0.01 40	-0.46 0.00 40	-0.43 0.01 40
Monolinguals	Pearson correlation: -0.45 Sign. (two tailed): 0.05 N: 20	-0.40 0.08 20	-0.46 0.04 20	-0.48 0.03 20
Bilinguals	Pearson correlation: -0.46 Sign. (two tailed): 0.04 N: 20	-0.47 0.04 20	-0.46 0.04 20	-0.42 0.06 20

# Paracingulate sulcus (PCS) (Cachia et al. 2017)

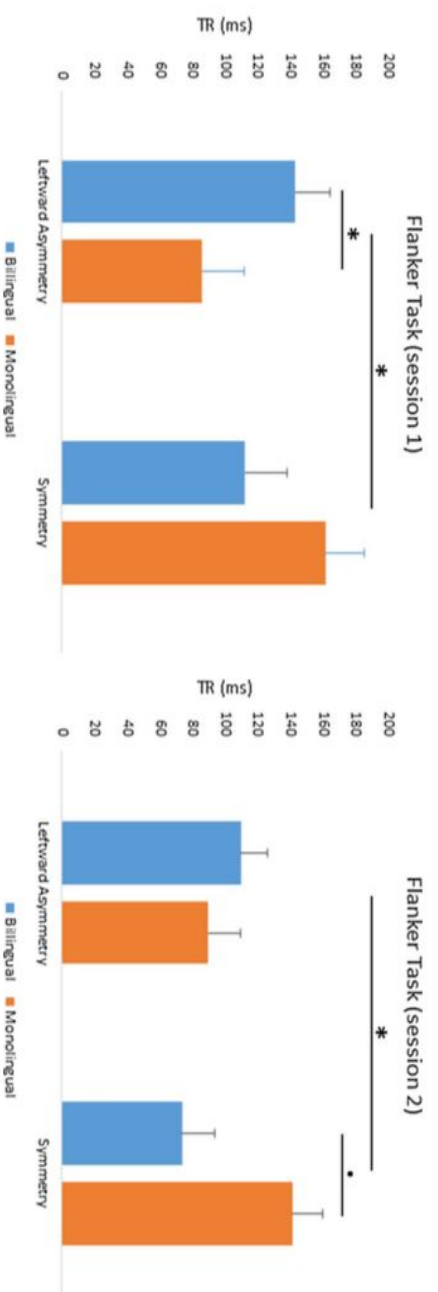
A. Cachia et al.

*Brain and Language* 175 (2017) 57–63



A. Cachia et al.

*Brain and Language* 175 (2017) 57–63



**Fig. 2.** Asymmetry of the anterior cingulate cortex (ACC) and cognitive control efficiency in bilinguals and monolinguals in Sessions 1 and 2. Conflict effect scores (differential RTs: Incongruent minus Congruent trials) in bilinguals and monolinguals with different ACC morphology. Error bars denote the standard error of the mean. \*:  $p < 0.05$ ; .:  $p < 0.1$ .





# Eriksen Flanker task (ANT Fan et al.)

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## Neuropsychologia

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<sup>e</sup> Laboratory for Communication Science, Faculty of Education, University of Hong Kong, Pok Fu Lam, Hong Kong  
<sup>f</sup> School of Psychological Sciences, Faculty of Dentistry, Medicine and Health Sciences, University of Melbourne, Parkville, Australia



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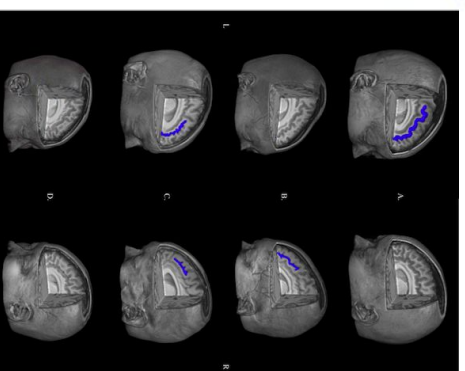
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## Anterior cingulate cortex sulcation and its differential effects on conflict monitoring in bilinguals and monolinguals

Arnau Chahua<sup>a,b,c,d</sup>, Nicola Del Maschio<sup>e</sup>, Gregoire Borsari<sup>a,b,c</sup>, Pasquale Anthony Della Rosa<sup>a</sup>,  
Christophe Pallier<sup>a</sup>, Albert Costa<sup>a</sup>, Olivier Houde<sup>a,b,h,i</sup>, Jubin Abutalebi<sup>a,\*</sup>


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<sup>i</sup> Center for Neurocognition and Psycholinguistics, University of Padua, Padua, Italy



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## A diffusion model approach to analysing the bilingual advantage for the Flanker task: The role of attentional control processes

Gabriel Ong<sup>a,\*</sup>, David K. Sewell<sup>a,c</sup>, Brendan Weekes<sup>a,b</sup>, Meredith McKague<sup>a</sup>,  
Jubin Abutalebi<sup>d</sup>

<sup>a</sup> University of Melbourne, Victoria, Australia  
<sup>b</sup> University of Hong Kong, Hong Kong  
<sup>c</sup> University of Queensland, Queensland, Australia  
<sup>d</sup> San Raffaele University, Milan, Italy



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## Journal of Neurolinguistics

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## The neuroprotective effects of bilingualism upon the inferior parietal lobule: A Structural Neuroimaging Study in Aging Chinese Bilinguals

Jubin Abutalebi<sup>a,b,\*</sup>, Matteo Canini<sup>b,c</sup>,  
Pasquale A. Della Rosa<sup>c</sup>, David W. Green<sup>d</sup>,  
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<sup>a</sup> Department of Speech and Hearing Sciences, University of Hong Kong, Hong Kong  
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<sup>c</sup> IRM-CNR (National Research Council), Milan, Italy  
<sup>d</sup> Experimental Psychology, University College London, United Kingdom

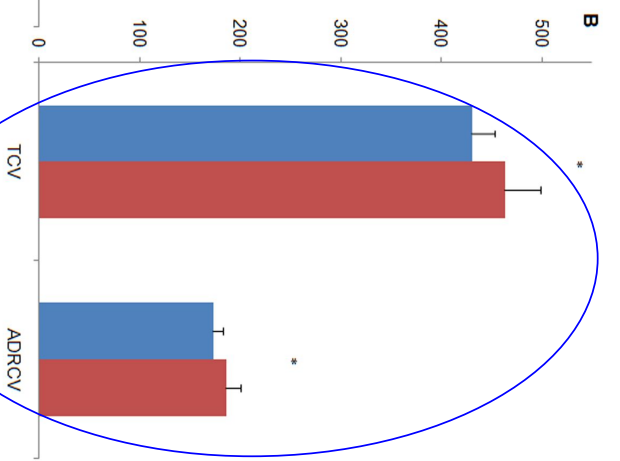
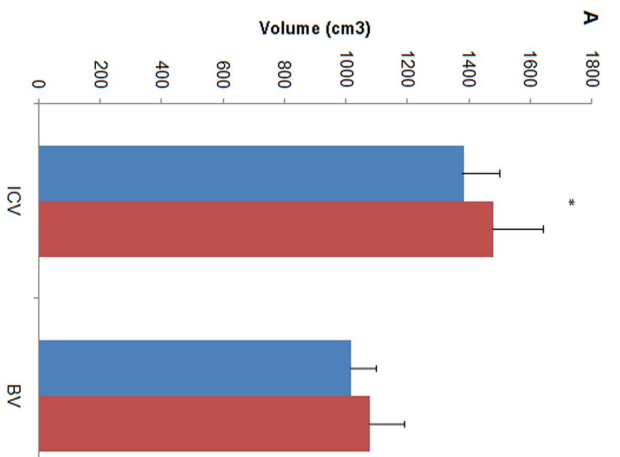
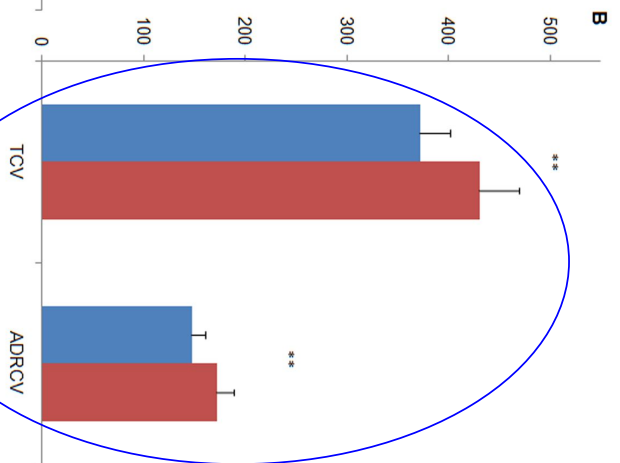
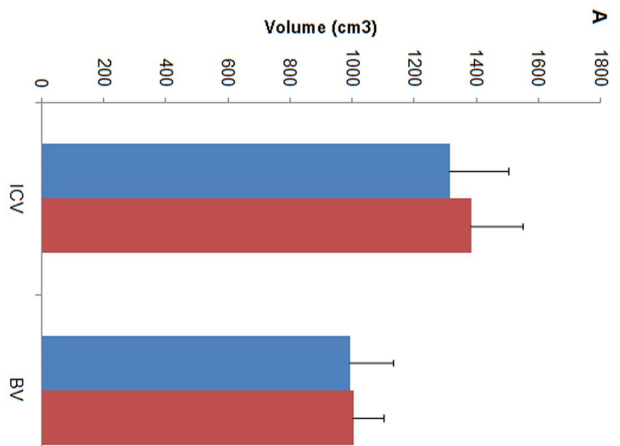


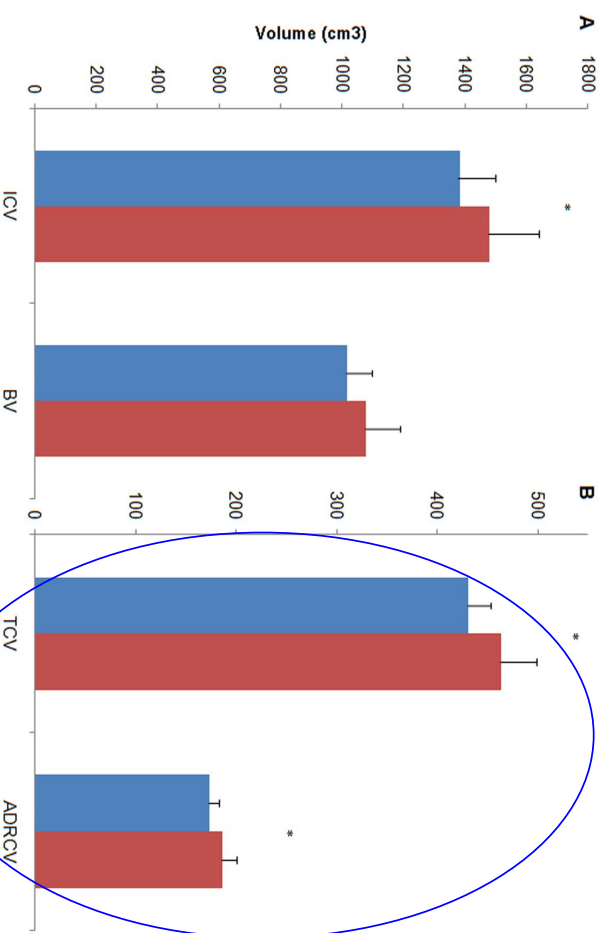
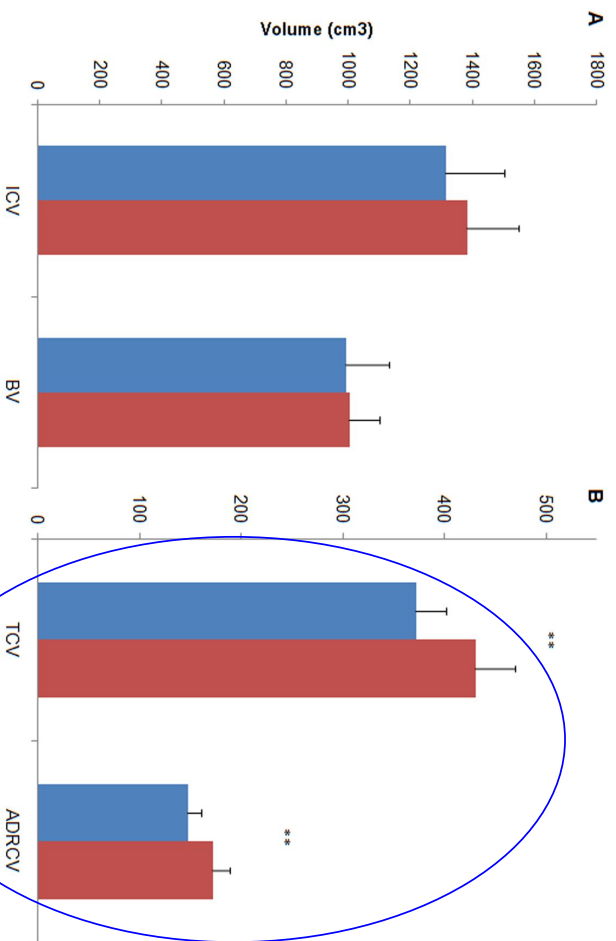
# Summary

- Multilingual brains are different - **why**?
- Is multilingual language experience *really* an advantage?
- ‘**Zooming**’ attention amidst distracting information.



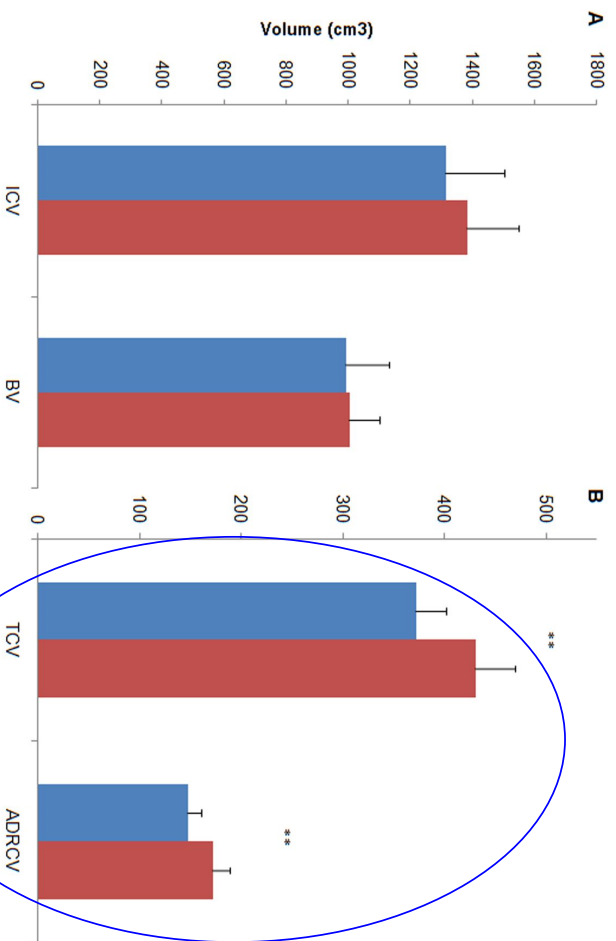




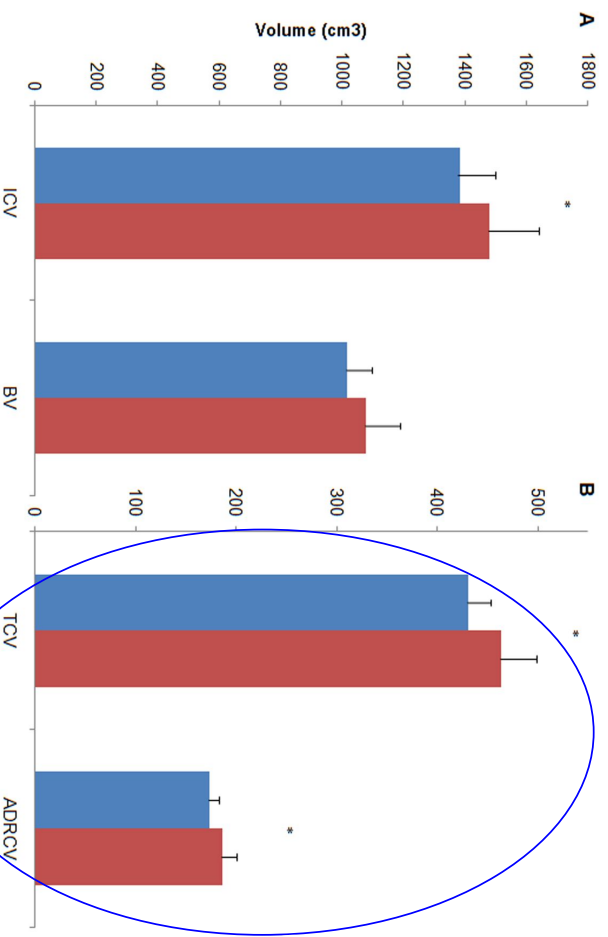


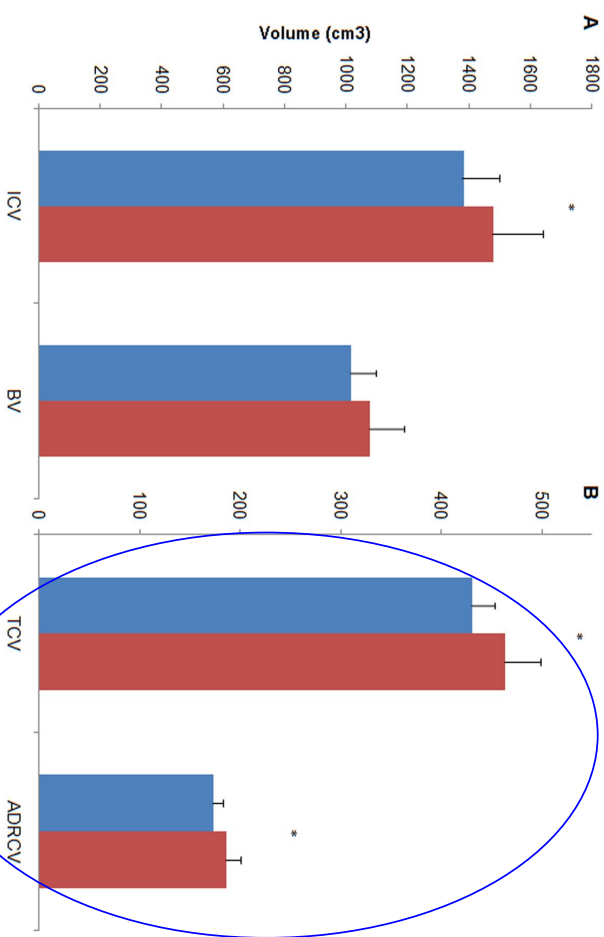
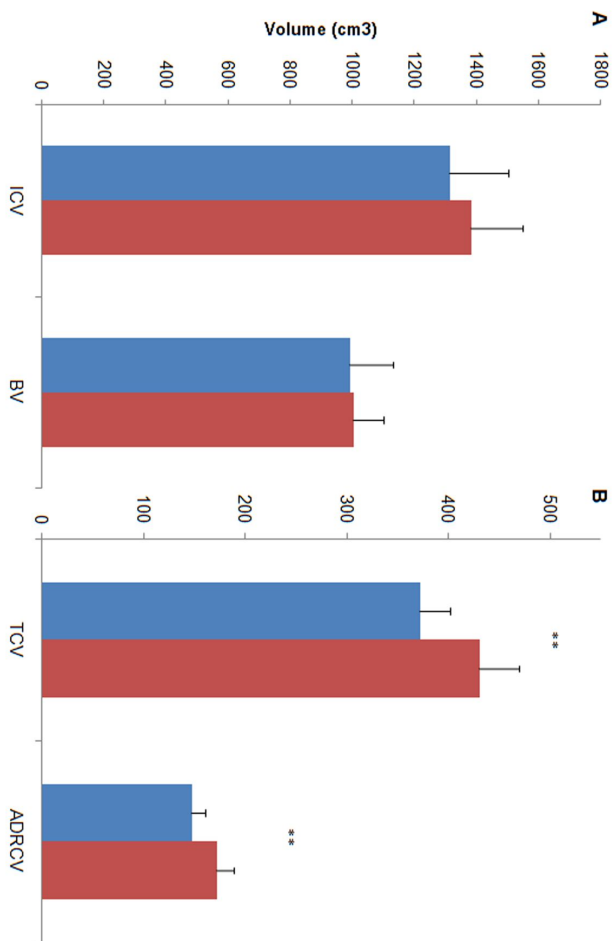
# Old Young





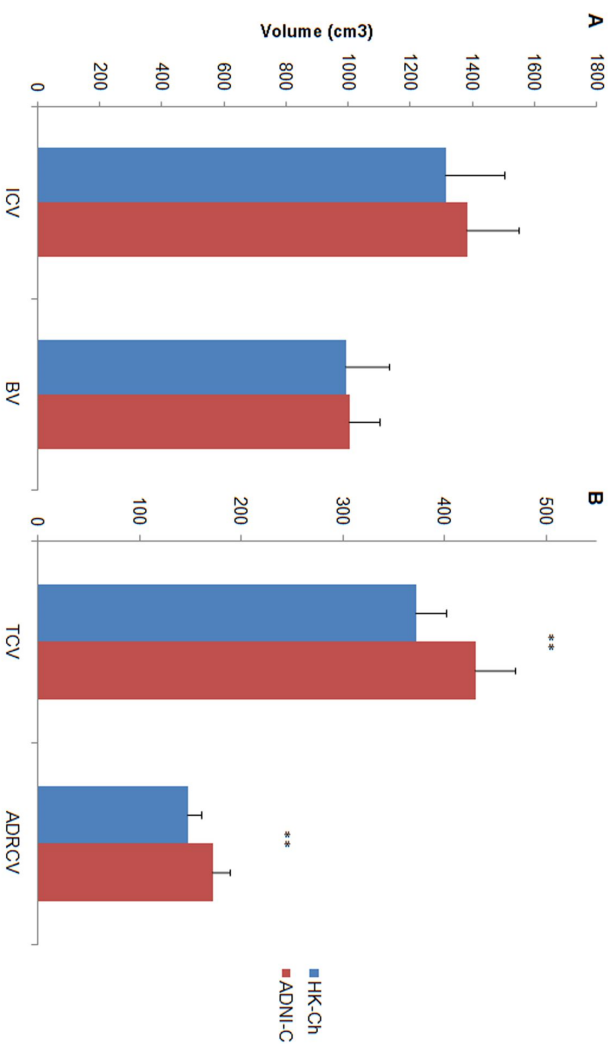
Women  
Men



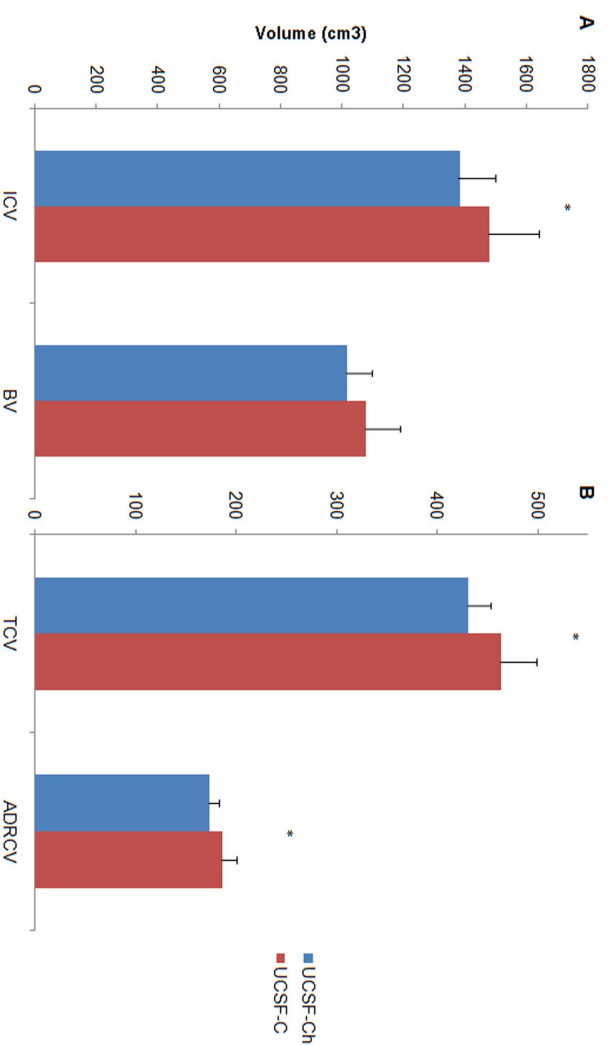


# Chinese Caucasian





# Hong Kong ADNI



# Chinese Caucasian

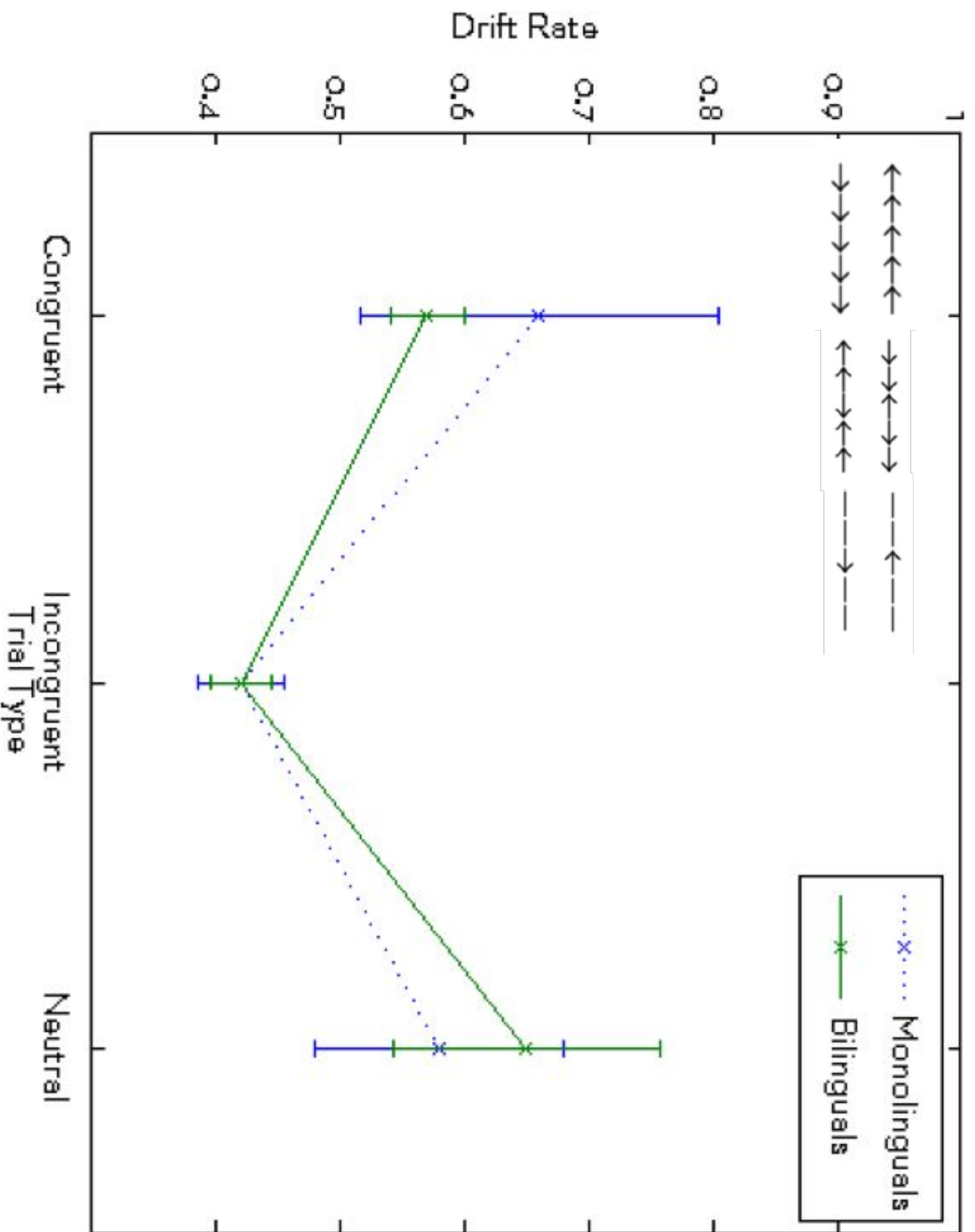


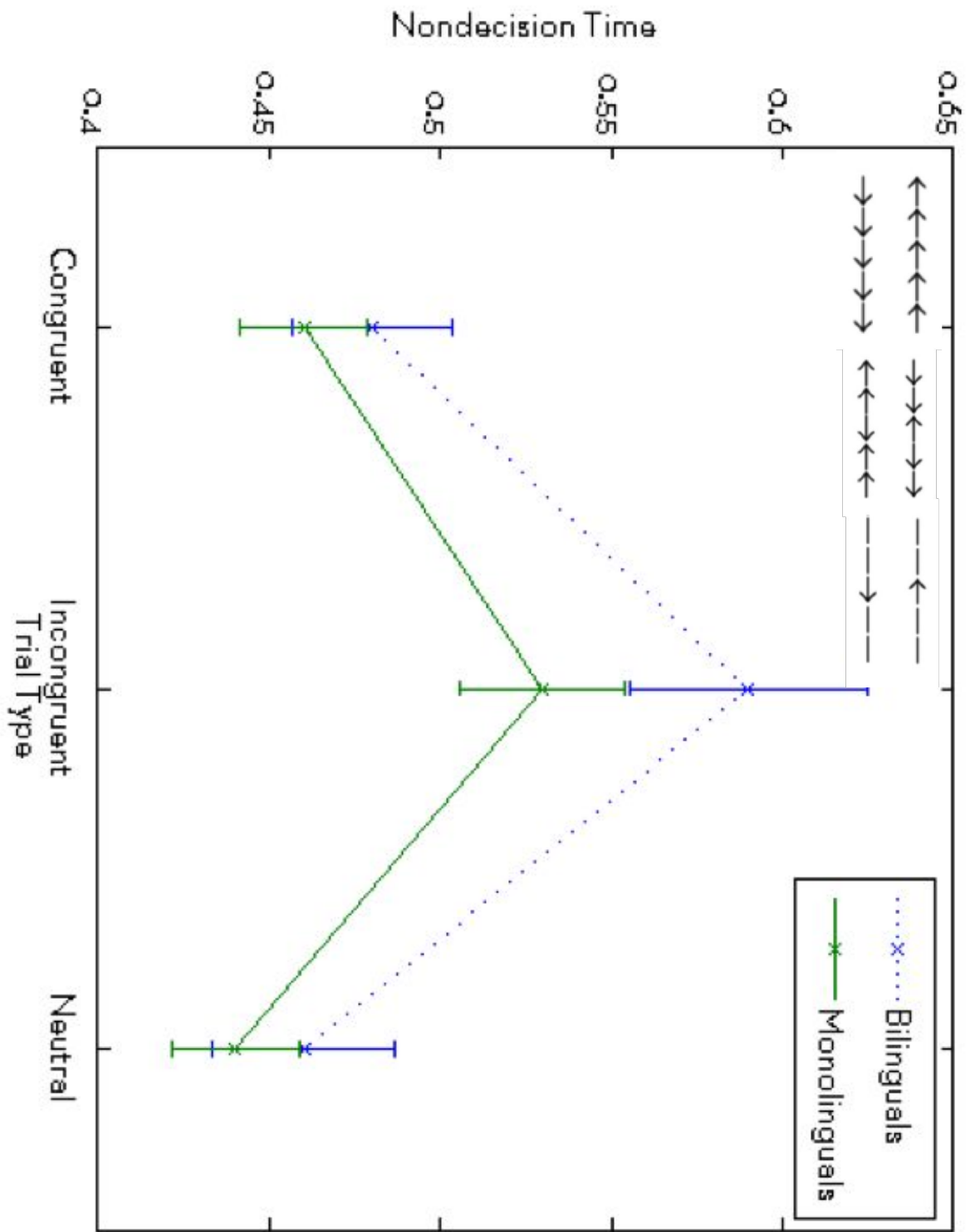
Alzheimer's Disease Neuroimaging Initiative (ADNI)

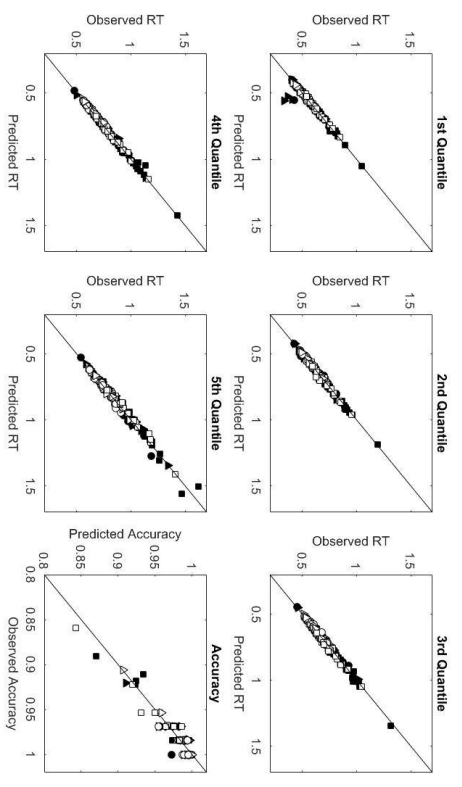
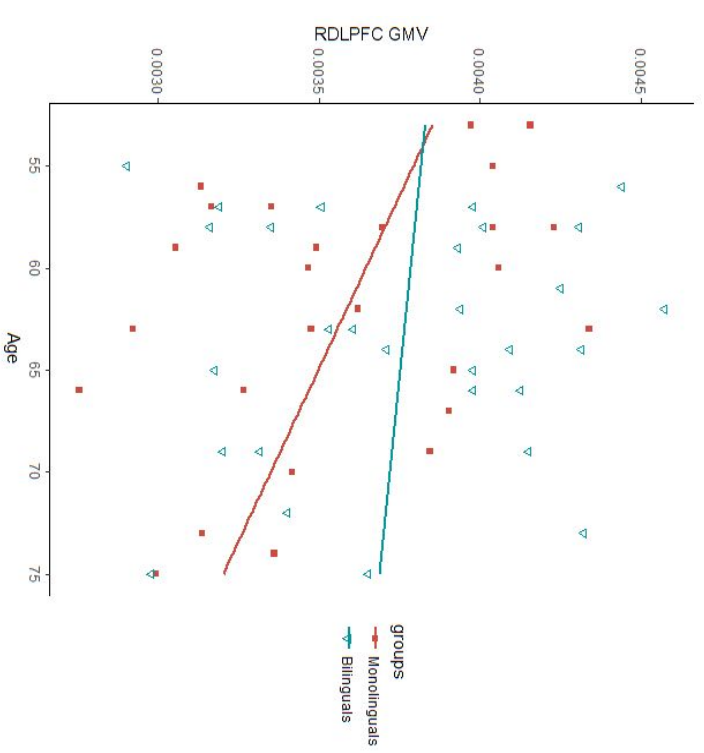
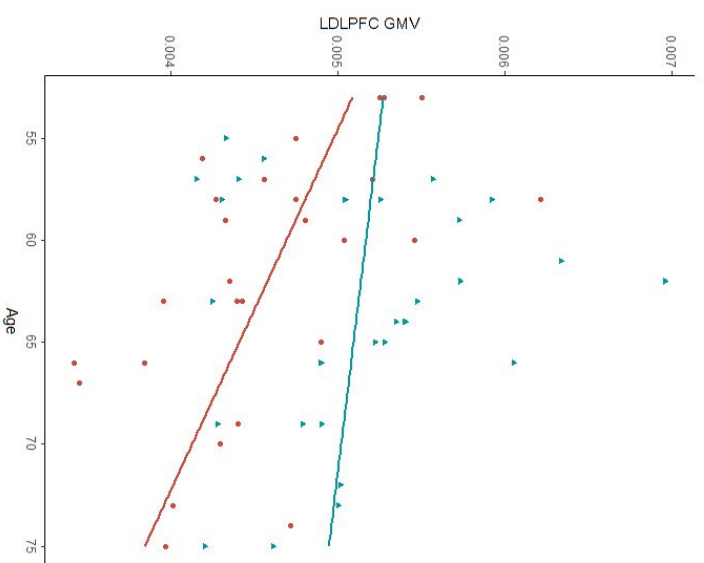
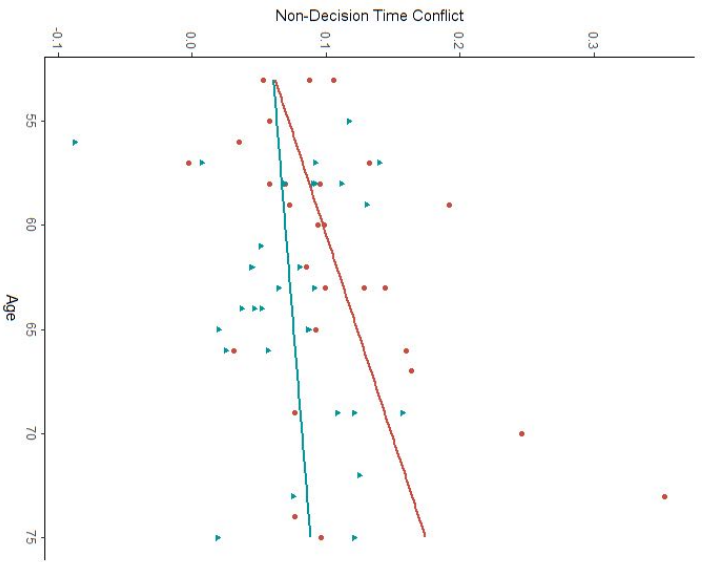
UCSD











**Non-Decision Time Conflict**

	Monolinguals	Bilinguals
L Caudate	-0.022916	-0.32234
R Caudate	-0.114629	-0.11705
L ACC	0.085286	-0.172
R ACC	0.125462	-0.17156
L DLPFC	<b>-0.41714*</b>	-0.05666
R DLPFC	-0.27678	<b>-0.42127*</b>

# Summary

Diffusion Measure	Contrast	Structures
FA	<b>ML &gt; BL</b>	<p>Anterior Thalamic Radiation (Cummine et. al.)</p> <p>Right Inferior Fronto-Occipital Fasciculus</p> <p>Right Inferior Longitudinal Fasciculus</p>
MD	BL > ML	<p>Forceps Minor</p> <p><b>Right Superior Longitudinal Fasciculus</b></p> <p>Left Superior Longitudinal Fasciculus</p>
RD	BL > ML	<p>Forceps Minor</p> <p><b>Right Superior Longitudinal Fasciculus</b></p> <p>Inferior Longitudinal Fasciculus</p> <p>Anterior Thalamic Radiation</p>
AD	BL > ML	<p>Forceps Minor</p> <p><b>Right Superior Longitudinal Fasciculus</b></p> <p>Right Anterior Thalamic Radiation</p>



# Conclusion

- Multilingualism is not **harmful** for Hong Kong citizens.
- Multilingual speakers have a brain and cognitive **reserve**.
- ‘**Zooming**’ visual attention amidst distracting information.



# Thank you



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Daniel Leeds is founder and president of the National Public Education Support Fund, which organizes the Education Funders Strategy Group, the Partnership for the Future of Learning, and the Education Justice Network. He chairs the Alliance for Excellent Education, which he helped found. In addition to these organizations, his extended family (the Leeds/Jobin-Leeds) launched the Schott Foundation for Public Education and the Institute for Student Achievement. Along with his wife Sunita, Dan co-chairs the Enfranchisement Foundation, which focuses on breaking the cycles of poverty and intolerance in the United States as well as on women's issues.

